

Dynamic Touch

M A S S A G E E X P E R T S

Janna Gaston, CAMTC

Deep Relaxation Massage

Relaxation is the key to good health. Deeply relax with a firm, or gentle overall massage for wellness. Reduce your tension and soothe tired muscles.

Half Hour: \$55; One Hour: \$95; 1 ½ Hours: \$135

Pregnancy/New Mother Massage Low/ No Risk

A treatment specially designed to accommodate a pregnant woman's changing body and ease the aches and pains of pregnancy, or feeding and holding a newborn. Good for all phases of pregnancy, including three months after delivery. Includes an extensive interview to ensure all needs and safety concerns are addressed.

Half Hour: \$55; One Hour \$95; 1 ½ Hours \$135

Oncology Massage

Ask us for more information about massage for Survivors, Chemo Comfort, and Post-Mastectomy Scar Release. Selected staff have extensive training in safe massage for all phases of a Cancer Patient's experience. For Survivors with years in remission, or an Oasis of Comfort during treatment, or help healing after surgery and/or reconstruction.

Half Hour: \$55; One Hour \$95; 1 ½ Hours \$135

Gift Certificates available Schedule online at www.DynamicTouchMassage.com

✧ Costa Mesa ✧